

COURSE TITLE	ACRYLIC PAINTING FOR BEGINNERS
COURSE CODE	SUN2502013
TUTOR	ELEANOR BEDLOW
START DATE	25/01/2026
DAY & TIME	SUNDAYS, 10.30 - 1PM
LEVEL	BEGINNER
LOCATION	BANKSIDE CAMPUS

DAILY BREAKDOWN

Date	Topics/ Skills covered	Model
25 January 2026	Tone: Working with a limited tonal palette, students will practice mixing and applying paint. Using a still life, students will learn how to draw out the forms and develop a basic tonal underpainting.	No
1 February 2026	Colour/ Abstraction: After a basic introduction to mixing colours, students will make an abstract painting from a simple still life. The focus will be on developing an understanding of how colour works; looking at colour relativity, complementary colours, mixing neutral colours.	No
8 February 2026	Colour, Texture, Paint Application: Using a still life students will be encouraged to think about mark making and the application of paint. We will explore how these approaches can be used to give a sense of what an object both looks and feels like. An introduction to painting mediums will be given at the beginning of the class.	No
15 February 2026	Limited Palette/ Life Painting: painting the life model using a limited palette and simple mark-making techniques.	YES
22 February 2026	Landscape: For this two week project students are asked to bring in printouts of a landscape that appeals to them. These can be personal photographs or images taken from the internet. The focus will be on developing an understanding of paint handling and achieving a sense of space and depth within your painting.	No
1 March 2026	Landscape W2: Finishing the painting from the previous week.	No
8 March 2026	Portraits: Looking at varied examples of portrait paintings and the use of tone, colour and mark-making to paint a convincing and exciting image. Selecting an example to copy to practice mixing flesh colours and gain confidence painting a head.	No
15 March 2026	Portraits W2: Completing the painting from the previous week.	No
22 March 2026	Self Directed: For the final two weeks of the course, students will be able to decide what they want to paint. Thinking about what has inspired or interested them from the previous weeks and what direction their paintings may take in the future.	No
29 March 2026	Self Directed: W2	No