

ART ACADEMY LONDON

Sculpture (Half-Day) from £1,000

Available as a Half-Day and Full-Day session.
Extra costs for hollowing & firing clay from £30 per piece.

Our Sculpture sessions allow you to get creative with clay and explore your desired theme through this fun and expressive medium! Dependent on the length of your session, we offer two different techniques for you and your team to explore:

- **Abstract Sculpture (Half-Day & Full-Day)**

During your Abstract Sculpture session, you will start by learning about creative sculpture, before trying some simple exercises using clay, wire and coloured paper. As a group, you'll then create your own abstract sculpture based on a theme – it can be work-related or you can draw inspiration from music, poetry or literature. This exercise encourages everyone to communicate and work together to make the final piece

- **Life Sculpture (Full-Day)**

During your Life Sculpture session, you will start by learning about life sculpture and be taught some essential exercises that will assist you in your main activity. You will then be introduced to the life model and learn how to measure and proportion your work before beginning your own small sculpture. This activity provides a relaxing yet engaging environment for your team where the disciplines of focus and creative expression are channelled into your work.

Each Sculpture session begins with warm-up exercises that serve as icebreakers, bringing the team together by encouraging them to be creative in pairs and groups without worrying about achieving 'perfect' results. This is a great way to help individuals get to know each other better for improved team bonding.



Our staff members are more than happy to help you create a unique or bespoke Team Building session based on a specific theme you would like to explore, ensuring that you and your team get the most out of your Team Building Day.

This exercise is perfect for team bonding and for developing a growing understanding and appreciation of each other. The exercise also works very well in exploring the underlying qualities of the team, core values, a strategy or whichever subject is chosen as the general theme.

To book email: teambuilding@artacademy.ac.uk