

# ART ACADEMY LONDON

## Painting (Half-Day) from £975

Available as a 2 hour, Half-Day or Full-Day session.  
Drink & Paint optional!

Our Team Building Painting sessions explore a range of different themes and techniques.

These include:

- Abstract Painting
- Still Life
- Life Model

Each Painting session begins with a fun and engaging warm up, followed by a creative painting exercise that will result in either small individual painting, or large group artworks which will be available to collect from the Academy.

The warm-up exercises serve as icebreakers that bring the team together by encouraging them to be creative in pairs and groups without worrying about achieving 'perfect' results.

During your main activity, you will learn about your requested technique and begin with some simple exercises to familiarise yourself with this method. You will then be guided through the creation of your own painting, or joint artwork, based on your desired theme. The results are always amazingly creative and can be exhibited in the office or at home with great pride!

Our staff members are more than happy to help you create a unique or bespoke Team Building session based on a specific theme you would like to explore, ensuring that you and your team get the most out of your Team Building Day.

This exercise is perfect for team bonding and for developing a growing understanding and appreciation of each other. The exercise also works very well in exploring the underlying qualities of the team, core values, a strategy or whichever subject is chosen as the general theme.

**To book email: [teambuilding@artacademy.ac.uk](mailto:teambuilding@artacademy.ac.uk)**

