

COURSE TITLE	SCULPTING THE HAND AND FOOT
COURSE CODE	EC2503SC6
TUTOR	LAURA POSTLE
START DATE	21/04/2026
DAY & TIME	TUESDAYS, 6PM - 9PM
LEVEL	INTERMEDIATE
LOCATION	BANKSIDE CAMPUS

DAILY BREAKDOWN

Date	Topics/ Skills covered
21 April 2026	Working from a life cast of a hand, we will begin by blocking in the major planes and establishing accurate proportions. Careful attention will be given to setting up the cast so that truthful angles are clearly visible, allowing them to be faithfully translated into the sculpt.
28 April 2026	Studying the anatomy of the hand, along with established canons of proportion, will help us better understand how to simplify its complex forms and ensure that the gesture of the hand is clearly and accurately conveyed.
5 May 2026	As the work progresses, the high points and areas of fullness will begin to emerge, ensuring the fingers retain delicacy and gesture while clearly expressing the underlying bone and structure.
12 May 2026	With a focus on light and shadow, the final day will be devoted to developing subtleties such as the knuckles, nails, and the metacarpal structure on the back of the hand.
19 May 2026	Sculpting the foot will begin with blocking in the major planes. Attention will be given to the first metatarsal, which defines the high point of the top of the foot as well as forming the arch underneath the foot.
26 May 2026	After accurately blocking in the major planes of the foot, we will examine which toes naturally turn down toward the ground plane and which adopt a different gesture, lifting upward.
2 June 2026	Success in sculpting the foot depends on accurately describing its planes and high points, as well as clearly conveying whether the foot is weight-bearing or acting as a point of balance.
9 June 2026	Time will be devoted to modeling light and shadow to articulate the underlying bone structure of the top of the foot, the fleshy pad beneath, and the way it interacts with the floor or base.